



## 10X10 Training Test

(Updated 7/2018)

Cannot miss more than 4 questions

Cannot miss any diabetic-related questions

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**Name (Print), Credential, Date:** \_\_\_\_\_

1. If you are going to be later than your designated time at your assigned school, who should you notify FIRST?
  - a. No one
  - b. ATC
  - c. Your assigned school
  
2. Which document(s) require the school nurse's signature? Select all that apply.
  - a. PPA
  - b. MAR
  - c. Daily Log
  - d. Self-Administration form
  
3. Which documents require a parent signature?
  - a. MAR
  - b. Self-Administration form
  - c. PPA
  - d. All of the above
  
4. You have one hour before and one hour after the ordered time to give a medication.
  - a. True
  - b. False

**MUST be able to complete the next FOUR questions CORRECTLY to be considered for employment – please show ALL work:**

5. Calculate the insulin dosage for a diabetic student with a blood sugar of 216 and a correction factor of:  
 $(BS-120)/90$  (↓) Round down to the nearest half-unit.

Answer: \_\_\_\_\_

6. Calculate the meal dosage for a diabetic student who will consume the carbs listed below at lunch, use the insulin:carb ratio listed below: (—)Use normal rounding methods.

**Carb ratio:** 1 unit of insulin per 8 carbs

**Carbs:**

Pizza: 35

Fruit: 15

Milk: 20

Answer: \_\_\_\_\_

7. A diabetic student comes to the health room with signs and symptoms of hypoglycemia, shaking and dizzy, with a blood sugar reading of 45. What should the nurse do for the student?
- Give a protein snack and send student back to class
  - Administer glucagon immediately, monitor and stay with student
  - Check diabetic orders, give 15 carbs of fast-acting sugar, wait 15 minutes and recheck blood sugar
  - Student is fine, do nothing
8. If a diabetic comes to the health room with a blood sugar of 317 and is asymptomatic, what should your first action be?
- Call parent/guardian
  - Check ketones
  - Give water to drink
  - Send them back to class
9. What route is Diastat administered? Select all that apply.
- Oral
  - IM
  - SQ
  - Sublingual
  - Rectal
  - Vaginal

10. If a student hits his or her head at school, what is/are the appropriate action(s) to be taken by the school nurse? Select all that apply.
- Notify parent/guardian
  - No treatment needed
  - Give Tylenol
  - Head injury assessment
11. A student presents to the health room complaining of her head itching. Upon examination, you find nits but no live louse. What actions should be taken?
- Notify parent/guardian and send student home
  - Notify parent/guardian and send student back to class
  - Do a class check
  - Keep child in health room for the rest of the day
  - Send letter home to all parents of students in her class
12. A student comes to the health room with an undiagnosed rash, unknown origin. What is the appropriate action by the school nurse?
- Call the parent/guardian and send student home
  - Cover rash up and send student back to class
  - Send student back to class
13. A student presents to the health room with a red eye that is draining. What should the school nurse do?
- Flush eye with sterile water
  - Send student back to class
  - Call parent/guardian and send student home
14. A student presents to the health room with a fever of 100.2 F. What action should you take?
- Send student back to class – we only treat for > 100.4 F
  - Call parent to notify and send back to class
  - Give Tylenol and send back to class
  - Call parent/guardian and send student home
15. In the event that a basic medical form is missing, or I reach a point that I am unable to fulfill my clinical obligations during an assignment, I should:
- Skip it
  - Make up a substitution
  - Ask for help from school staff (ex. Office administration)
  - Call and ask for help from a senior nurse staff member (ex. Zone nurse, Lead nurse)
16. The ATC attendance standard allows for:
- No call offs or tardiness
  - Some tardiness
  - No call offs and some tardiness
  - Nurses can show up when they want to

17. When fulfilling a 1:1 nursing assignment (ex. field trip, after-school event, or 1:1), the nurse should check in with the school nurse in the health room:
- If she has questions
  - Based upon the medical needs of the assignment
  - At the beginning of every shift
  - Never
18. When on the bus, the nurse is allowed to sit and use her personal phone to occupy her time while she rides – she is only there for emergencies.
- True
  - False
19. A MAR in school nursing is:
- Optional and should be signed when available
  - Can be substituted with another document
  - Required and must be signed
20. The nurse realizes she forgot to sign the MAR, but she has already left the school for the day. What should she do?
- She should return to the school to complete her obligations
  - She does not have to worry about it
  - She should call the nurse at the school and see if she can sign it for her